

JUNIOR TRIATHLON COURSE








LEGEND

-  SWIM
(1 lap) 50m
(3 laps) 150m
(5 laps) 250m
-  BIKE
1km (2 short laps)
3km (3 long laps)
5km (5 long laps)
-  RUN
1km
-  2km
-  First Aid
-  Road Closure

JUNIOR TRIATHLON COURSE 1

LEGEND






-  SWIM
(1 lap) 50m
-  BIKE
1km (2 short laps)
-  RUN
500m
-  First Aid
-  Road Closure



JUNIOR TRIATHLON COURSE 2



LEGEND

-  SWIM
(3 laps) 150m
-  BIKE
3km (3 long laps)
-  RUN
1km
-  First Aid
-  Road Closure

JUNIOR TRIATHLON COURSE 3



LEGEND

- SWIM
(5 laps) 250m
- BIKE
5km (5 long laps)
- RUN
2km
- First Aid
- Road Closure